

## Precautionary measures: players and trainers.



Gym users must wear own gloves when using gym equipment.



Commitment to wear masks and gloves at all times.



Undergo a daily heat test before and during the training period



Maintain 2-metre distance at all times.



Carry your own personal hygiene kits.



Train individually and not in group. (Except for the training sessions, with the commitment mentioned in the item on training sessions).



Signing the approval of the precautionary conditions

## Precautionary measures: for regulators and the training staff.



Sterilize all equipment and sports devices every hour before use.



Thermal detection to be installed on the doorways.



Commitment to wear face masks and gloves at all times and changing during shifts.



Testing of Covid-19 before resuming activities.



Keep 2-metre distance with everyone at all times.



Do not use prayer rooms.



Do not use changing rooms and sauna but can use toilet facilities.



Towels and personal hygiene utensils are not provided.



Signing the approval of the precautionary conditions

## Safety measures: sports facilities

According to the recommendations of the World Health Organization, the facilities of sports institutions must adhere to the following:



Ensure quarantine or medical isolation is provided for suspected cases, until they are transferred.



Provide first aid and medical services in the sports facility to monitor and identify suspected cases and how to deal with them.



Ensure that educational awareness boards and banners on the importance of personal disinfection and sterilization are available throughout the facility and training places.



Ensure that all handwashing needs, such as soaps, hand sanitizers and gel, are provided throughout the sports facility, including accommodation and subsistence.



Use of dressing rooms and showers is prohibited.



Sports facilities sterilization after each training period (two hours)



Provide an infrared thermometer, record measurements periodically, or provide other measuring instruments.



Providing places to collect waste in all parts of the stadium, buses, hotels, and changing rooms.



Ensure that medical gloves are provided to all staff who deal with tools or clothing.

## Precautionary measures: for regulators and the training staff.



Medical clinics are sterilized continuously and not exceeding the number of players is about 3 at the same time.



Do not allow crowding. Maintain 5 square metre distancing of each person.



Do not conduct competitions during training sessions.



Place antiseptics at all club entrances and all devices.



The restaurants in these clubs apply the conditions of work of the Department of Economic Development and the Abu Dhabi Authority for Agriculture and Food Safety.



Determine the training points in the group training classes by placing signs on the ground that take into account the above mentioned distances.



The group training sessions take into consideration the social distancing and the number of participants not exceeding 30% of the capacity.

لمزيد من المعلومات

For more info

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• Government club Mr. Ahmed AlMessabi phone number 0504454129

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